

January						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	6:37	8:18	12:18	2:21	4:10	5:47
4	6:36	8:17	12:19	2:24	4:14	5:49
7	6:36	8:16	12:20	2:28	4:18	5:53
10	6:34	8:14	12:22	2:32	4:22	5:56
13	6:32	8:12	12:23	2:36	4:26	6:00
16	6:30	8:10	12:24	2:41	4:31	6:04
19	6:27	8:07	12:25	2:45	4:36	6:08
22	6:24	8:03	12:26	2:50	4:41	6:13
25	6:21	7:59	12:26	2:55	4:47	6:17
28	6:17	7:55	12:27	3:00	4:52	6:22
31	6:13	7:51	12:27	3:06	4:58	6:27

February						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	6:11	7:49	12:27	3:07	4:59	6:28
4	6:07	7:44	12:28	3:13	5:05	6:33
7	6:02	7:39	12:28	3:18	5:11	6:38
10	5:57	7:34	12:28	3:23	5:16	6:43
13	5:51	7:28	12:28	3:28	5:22	6:48
16	5:45	7:22	12:28	3:34	5:27	6:53
19	5:40	7:16	12:28	3:39	5:33	6:58
22	5:34	7:10	12:27	3:44	5:39	7:03
25	5:28	7:03	12:27	3:49	5:44	7:07
28	5:21	6:57	12:26	3:54	5:50	7:12

March						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	5:19	6:55	12:26	3:55	5:52	7:14
4	5:13	6:48	12:25	4:00	5:57	7:18
7	5:07	6:41	12:25	4:05	6:02	7:23
10	5:00	6:35	12:24	4:09	6:08	7:28
13	4:53	6:28	12:23	4:13	6:13	7:32
16	4:47	6:21	12:22	4:18	6:18	7:37
19	4:40	6:14	12:21	4:22	6:23	7:41
22	4:33	6:07	12:21	4:26	6:29	7:46
25	5:25	7:00	1:20	5:30	7:34	8:50
28	5:17	6:53	1:19	5:34	7:39	8:55
31	5:09	6:46	1:18	5:38	7:44	8:59

April						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	5:07	6:43	1:18	5:39	7:46	9:01
4	4:59	6:37	1:17	5:43	7:51	9:05
7	4:51	6:30	1:16	5:47	7:56	9:10
10	4:43	6:23	1:15	5:50	8:02	9:14
13	4:36	6:16	1:14	5:54	8:07	9:18
16	4:28	6:09	1:14	5:57	8:12	9:23
19	4:21	6:03	1:13	6:01	8:17	9:27
22	4:14	5:57	1:12	6:04	8:22	9:32
25	4:07	5:50	1:12	6:08	8:27	9:36
28	4:00	5:44	1:11	6:11	8:32	9:41

May						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	3:53	5:38	1:11	6:14	8:38	9:45
4	3:46	5:33	1:11	6:17	8:43	9:49
7	3:40	5:27	1:10	6:20	8:48	9:54
10	3:34	5:22	1:10	6:23	8:52	10:00
13	3:28	5:17	1:10	6:26	8:57	10:06
16	3:23	5:13	1:10	6:28	9:02	10:11
19	3:17	5:08	1:10	6:31	9:06	10:17
22	3:13	5:04	1:11	6:34	9:11	10:22
25	3:08	5:01	1:11	6:36	9:15	10:27
28	3:04	4:57	1:11	6:38	9:19	10:32

June						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	2:59	4:54	1:12	6:41	9:23	10:38
4	2:56	4:52	1:12	6:43	9:26	10:42
7	2:53	4:50	1:13	6:45	9:29	10:46
10	2:51	4:48	1:13	6:46	9:32	10:49
13	2:49	4:48	1:14	6:47	9:34	10:52
16	2:48	4:47	1:15	6:49	9:35	10:54
19	2:47	4:47	1:15	6:49	9:36	10:56
22	2:48	4:48	1:16	6:50	9:37	10:57
25	2:49	4:49	1:17	6:50	9:37	10:57
28	2:52	4:50	1:17	6:51	9:37	10:55

July						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	2:55	4:52	1:18	6:50	9:36	10:54
4	2:58	4:55	1:18	6:50	9:35	10:51
7	3:01	4:57	1:19	6:49	9:33	10:49
10	3:05	5:00	1:19	6:48	9:31	10:45
13	3:09	5:04	1:20	6:47	9:28	10:42
16	3:14	5:07	1:20	6:46	9:25	10:38
19	3:19	5:11	1:20	6:44	9:21	10:33
22	3:24	5:15	1:20	6:42	9:18	10:29
25	3:29	5:19	1:20	6:39	9:13	10:23
28	3:34	5:24	1:20	6:37	9:09	10:18
31	3:40	5:28	1:20	6:34	9:04	10:12

August						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	3:41	5:30	1:20	6:33	9:02	10:10
4	3:47	5:35	1:20	6:29	8:57	10:04
7	3:53	5:39	1:20	6:26	8:52	9:58
10	3:58	5:44	1:19	6:22	8:46	9:53
13	4:04	5:49	1:19	6:18	8:40	9:48
16	4:10	5:54	1:18	6:14	8:34	9:43
19	4:16	5:59	1:17	6:10	8:28	9:37
22	4:22	6:04	1:17	6:05	8:21	9:31
25	4:27	6:09	1:16	6:00	8:15	9:26
28	4:33	6:14	1:15	5:55	8:08	9:20
31	4:39	6:19	1:14	5:50	8:01	9:14

September						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	4:41	6:20	1:14	5:48	7:59	9:12
4	4:47	6:25	1:13	5:43	7:52	9:06
7	4:53	6:30	1:12	5:37	7:45	8:59
10	4:58	6:35	1:11	5:32	7:38	8:53
13	5:04	6:40	1:10	5:26	7:31	8:47
16	5:10	6:45	1:09	5:20	7:24	8:40
19	5:16	6:50	1:07	5:14	7:17	8:34
22	5:21	6:55	1:06	5:08	7:10	8:28
25	5:26	7:00	1:05	5:02	7:03	8:21
28	5:31	7:05	1:04	4:56	6:56	8:15

October						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	5:35	7:10	1:03	4:50	6:49	8:09
4	5:40	7:15	1:02	4:44	6:42	8:03
7	5:45	7:20	1:02	4:38	6:35	7:56
10	5:50	7:25	1:01	4:32	6:28	7:50
13	5:55	7:30	1:00	4:26	6:22	7:44
16	6:00	7:36	12:59	4:20	6:15	7:39
19	6:05	7:41	12:59	4:14	6:09	7:33
22	6:10	7:46	12:58	4:08	6:02	7:27
25	6:15	7:52	12:58	4:02	5:56	7:22
28	5:20	6:57	11:58	2:57	4:50	6:17
31	5:25	7:03	11:57	2:51	4:45	6:12

November						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	5:27	7:04	11:57	2:50	4:43	6:10
4	5:32	7:10	11:57	2:45	4:37	6:05
7	5:37	7:15	11:58	2:40	4:32	6:01
10	5:42	7:21	11:58	2:35	4:27	5:57
13	5:47	7:26	11:58	2:31	4:23	5:53
16	5:52	7:31	11:59	2:27	4:18	5:49
19	5:57	7:36	11:59	2:23	4:15	5:46
22	6:02	7:42	12:00	2:20	4:11	5:43
25	6:07	7:46	12:01	2:17	4:08	5:41
28	6:11	7:51	12:02	2:15	4:05	5:39

December						
Day	Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha
1	6:15	7:55	12:03	2:13	4:03	5:38
4	6:19	8:00	12:04	2:11	4:01	5:37
7	6:22	8:03	12:06	2:10	4:00	5:36
10	6:26	8:07	12:07	2:10	4:00	5:36
13	6:28	8:10	12:08	2:10	3:59	5:37
16	6:31	8:12	12:10	2:10	4:00	5:38
19	6:33	8:14	12:11	2:11	4:01	5:39
22	6:34	8:16	12:13	2:12	4:02	5:41
25	6:36	8:17	12:14	2:14	4:04	5:42
28	6:36	8:18	12:16	2:17	4:06	5:44
31	6:37	8:18	12:17	2:19	4:09	5:46

This timetable is for Worcester City, United Kingdom calculated by Dr. Khalid Shaikat from Moonsighting.com according to Hanafi School of Thought.

"Istiwa'" is the time when the sun is at its highest peak at noon when it is impermissible to perform prayer. People mistakenly refer to this as the time of Zawal. Hence, the time for istiwa' or the period in which the sun is at its zenith and prayer is forbidden is in reality a very momentary period and cannot be counted in minutes or pinpointed accurately by everyone. Hence, the jurists, out of caution, include a some time from either side of it to be the forbidden time for prayer. Therefore, prayer must be avoided for approximately 10-15 minutes before zhur and 10-15 minutes after Zhur.